

6 JUNE 2021

Sunday Message

The Most Holy Body and Blood of Christ

THE WORD

Year B • Psalter Week 2

DO THIS IN MEMORY

MARK 14:12-16, 22-26



The Last Supper masterpiece by Leonardo da Vinci in Convent of Santa Maria delle Grazie, Milan, Italy

At the Last Supper, Jesus spoke particular words. He declared bread to be his body, wine to be his blood.

The bread, he said, is his body “given up for you” and the cup of the new covenant is his blood “poured out for you”. Jesus gave his life once and for all as a sacrifice for us. And he told us to gather “in memory of me”. Which is what Christians have been doing ever since.

The feast of the Most Holy Body and Blood of Christ invites us to reflect on the wonderful gift of the Eucharist. It is first and foremost a celebration during which God nourishes us with God’s own life. It is a memorial, not only of the redemptive suffering and death of Jesus, but of his entire life of self-emptying love. In sharing the one bread and drinking the one cup, we pledge to imitate him, who can never be repaid.

In the Eucharist, we gather in the shadow of the cross to give thanks for the death and resurrection of Jesus which has saved us from death. We gather in response to the command of Jesus to “Do this in memory of me”. We gather knowing that the sacrifice required of us is no less than that of our very selves. ■

REFLECT

For Christians, one of the most painful consequences of the COVID-19 crisis was the closure of churches. People could not gather for public worship, except in tiny numbers for funerals and weddings. But, thanks to modern communications technology, people could still participate in online liturgies, and they did. Parishes were transformed into not just local but global virtual communities, with participants tuning in from far and near. By the end of the first period of lockdown, many parishes and local churches had built up substantial online congregations. New possibilities for evangelisation were opened up, priests and people saw the potential offered by communications technology in a way they never had before. It is good news for the Church going forward.

But while Catholics were delighted to be able to tune in online to a liturgy that suited them, there was one crucial element of the celebration in which they could not take part: they could not receive the body and blood of Christ; they could not be physically nourished by his body and blood. For online participants, it was a major sacrifice, a keen loss.

It was a painful reminder of how precious it is to be able to receive the Eucharist in person and to never take that privilege for granted. It has been an opportunity for us to think about the importance of the Eucharist in our lives. It was only when they couldn’t physically come to Mass that many Catholics realised just how much it means to them. The first time they were able to receive Holy Communion again was an emotional experience, a moment of joy, something to treasure.

It’s how we should always approach the Eucharist, which is the source and summit of the life of the Church, and our food for life. ■

SAY

“Lord, you nourish me with the bread of life. Help me to share that love with those who need it most. Amen.

PRAY

The Act of Spiritual Communion, written by St Alphonsus de Liguori, is a beautiful prayer for when it’s not possible to receive the Eucharist in person:

My Jesus,
I believe that you are present in the Most Holy Sacrament.
I love you above all things,
and I desire to receive you into my soul.
Since I cannot at this moment receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you were already there
and unite myself wholly to you.
Never permit me to be separated from you.
Amen.

LEARN

Eucharist comes from the Greek word *Eucharistia*, which means “thanksgiving”. Every time we celebrate the Eucharist we give thanks to God for all that God has done for us.

Vatican II teaches us that the Eucharist is the source and the summit of the life of the Church.

The Eucharist is a commemorative meal at which Jesus’ death is remembered.

The body of Christ is our soul-nourishing food, the bread that gives us life.

DO

Make an effort to visit the Blessed Sacrament whenever you are passing a church.





HASLEMERE
HINDHEAD
CHIDDINGFOLD

Parish Bulletin

What is Ordinary Time?

The rhythm of the liturgical seasons reflects the rhythm of life — with its celebrations of anniversaries and its seasons of quiet growth and maturing.

Ordinary Time, meaning ordered or numbered time, is celebrated in two segments: from the Monday following the Baptism of Our Lord up to Ash Wednesday; and from Pentecost Monday to the First Sunday of Advent. This makes it the largest season of the Liturgical Year.

In vestments usually green, the color of hope and growth, the Church counts the thirty-three or thirty-four Sundays of Ordinary Time, inviting her children to meditate upon the whole mystery of Christ – his life, miracles and teachings – in the light of his Resurrection.

If the faithful are to mature in the spiritual life and increase in faith, they must descend the great mountain peaks of Easter and Christmas in order to "pasture" in the vast verdant meadows of *tempus per annum*, or Ordinary Time.

Sunday by Sunday, the Pilgrim Church marks her journey through the *tempus per annum* as she processes through time toward eternity.

Overview for the Month of June

As we begin to feel the warmth of summer, we can reflect that we celebrate the feasts of the **Sacred Heart of Jesus** (June 11) and the **Immaculate Heart of Mary** (June 12). God is Love and the Sacred Heart of Jesus — present on earth in the Blessed Sacrament — is the human manifestation of God's Love for men. Appropriately June is considered the month for weddings where human hearts join and co-operate with the Creator in bringing forth new life. The family they create is a human reflection of the Blessed Trinity.

Other principle feasts of this month are **St. Justin** (June 1), **Sts. Marcellinus and Peter** (June 2), **St. Boniface** (June 5), **St. Ephrem** (June 9), **St. Romuald** (June 19), **Sts. John Fisher and Thomas More** (June 22), the **Birth of St. John the Bap-**

Holy Cross Convent: 01428 641568 / Fr David Murphy 01428 652904

tist (June 24), **St. Josemaria Escriva** (June 26), **St. Ireneaus, Bishop and Martyr** (28 June), the **Solemnity of Sts. Peter and Paul** (June 29) and the **First Martyrs of the Church of Rome** (June 30).

The feast of **St. Barnabas** (June 11) is superseded by the feast of the Sacred Heart of Jesus. The feasts of **St. Norbert** (June 6), **St. Anthony of Padua** (June 13) and **St. Cyril of Alexandria** (June 27), are superseded by the Sunday liturgy.

BeCome - A New Group for Young Adults

If you are looking to deepen your faith and make like-minded friends, sign up to join our virtual community. We will be using the Sycamore materials as a starter for our conversations, and will meet once a fortnight, on alternate Mondays, starting 14th June at 7pm on Zoom. To join the Diocesan wide community, please register here or contact E: ruth.gerun@abdiocese.org.uk

[Booking form](#) (electronic version of our Bulletin) .

Mass for Engaged Couples

Join Bishop Richard for a special Mass celebrating the momentous journey of discernment that is engagement towards the lifelong commitment made by couples preparing for marriage. We look forward to meeting many engaged couples from across the Diocese and sharing in their joy. Please [click here to book your place](#) (electronic version of our Bulletin) or contact our Marriage and Family Life Adviser: E: katherine.bergin@abdiocese.org.uk

Parish Office

From June 1, 2021, our secretary Diane Breen returns to the office after a long break caused by Coronavirus. Diane will work part - time on Tuesdays and Fridays from 9am to 12pm.

The Holy Father's Intentions for the Month of June 2021

The Beauty of Marriage —Let us pray for young people who are preparing for marriage with the support of a Christian community: may they grow in love, with generosity, faithfulness and patience.

CAFOD - Step into the Gap

Are you aged 18-30? CAFOD offers a gap year programme called Step into the Gap. As part of the 10-month programme, you will be based in either a youth retreat centre, university chaplaincy or a secondary school chaplaincy team gaining new skills, developing as a leader and gaining work experience. Accommodation and travel expenses are included. Full time placements include stipends. Find out more information including how to apply at www.cafod.org.uk/gapyear

Pope Francis's Apostolic Letter

We warmly welcome Pope Francis's **Apostolic Letter Antiquum ministerium**, formally recognising the ministry of catechist and look forward to what it proposes for the Universal Church and for the Church in England and Wales.
Go to electronic version of our Bulletin and [Read more...](#)

Haslemere Housing Association

This organisation provides affordable, warden assisted, rented accommodation for the over 60s who have family connections within the Haslemere area. At the moment we have three properties available at Peperham House (opposite St. Bartholomew's Church). For more information call Carolyn Jensen on 01428 643203

Statement opposing Assisted Dying Bill

Against this backdrop of loving care and commitment, we are now faced with the very real threat of the legalisation of 'assisted suicide' in our country.

[Read the statement online...](#)

Spiritual Communion

My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You. *Amen*

June Jubilarian's

We pray for our parishioners on their birthday:

Chris Gibson
Richard Evans
Rafael Rojo
Maria Hatton
Kathy Le Fanu
Diane Breen
Alexandra Holt

Mass Schedule & Intentions

Sunday 6th June, The Most Holy Body & Blood of Christ, Solemnity

6:00 pm (Sat)	SA	For Parishioners Int
9:00am	ST	
11:00 am	OLL	

Monday 7th June – Feria in Ordinary Time, Week 10

10:00am	OLL	Hilary Martin Intentions
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Tuesday 8th June - Feria in Ordinary Time, Week 10

10:00am	OLL	
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Wednesday 9th June – Feria in Ordinary Time, Week 10

	OLL	NO MASS
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Thursday 10th June - Feria in Ordinary Time, Week 10

10:00am	OLL	
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Friday 11th June - The Most Sacred Heart of Jesus - Solemnity

10:00am	OLL	
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Saturday 12th June - The Immaculate Heart of Mary, Memoria

10:00am	OLL	
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Sunday 13th June, 11 Sunday in Ordinary Time

6:00 pm (Sat)	SA	For Parishioners Int.
9:00am	ST	
11:00 am	OLL	

Confession on Saturdays by appointment, tel.: 01428 643877

The Chapel of the Holy Cross is closed to the public during the 3rd lock down.

Please pray for:

The sick:

Livvy Miller, Graham Chester, Louise Reeve, Frances Greenwood, Maria Campbell Payne, Patricia Reidy, Kate Griffiths, Alice May, Linda Donald, Maura and Anne Murphy, Ian Learmonth, Tish Watkinson, Liz Jupp, William Leeper, Jo Allen, Peter Adolph and Jane Adolph, Carmel & Roland Murray, Teresa Marshall, Dorothy O'Donnell, Rosa Costantini, Sebastian Codlin, Lucy O'Donnell.

The Deceased (June):

2 1997 Gladys Walker
4 1988 Sister Alexis Mary
4 1996 Bridget Eames
4 2003 Iris Haines
5 1993 Kathleen P. Mainwaring
6 1985 Sheila E. Geddes
7 1984 Elizabeth Sheehan
7 1995 Zofia Wiszniowska

ENTRANCE ANTIPHON

He fed them with the finest wheat
and satisfied them with honey from the rock.

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

COLLECT

O God, who in this wonderful Sacrament
have left us a memorial of your Passion,
grant us, we pray,
so to revere the sacred mysteries of your
Body and Blood
that we may always experience in ourselves
the fruits of your redemption.
Who live and reign with God the Father
in the unity of the Holy Spirit,
God, for ever and ever.
Amen.

FIRST READING

Exodus 24:3-8

A reading from the book of Exodus.
Moses went and told the people all the
commands of the Lord and all the ordinances.
In answer, all the people said with one
voice, "We will observe all the commands
that the Lord has decreed." Moses put all
the commands of the Lord into writing, and
early next morning he built an altar at the
foot of the mountain, with twelve standing-
stones for the twelve tribes of Israel. Then
he directed certain young Israelites to offer
holocausts and to immolate bullocks to the
Lord as communion sacrifices. Half of the
blood Moses took up and put into basins,
the other half he cast on the altar. And taking
the Book of the Covenant he read it to the
listening people, and they said, "We will
observe all that the Lord has decreed; we will
obey." Then Moses took the blood and cast
it towards the people. "This" he said "is the
blood of the Covenant that the Lord has made
with you, containing all these rules."

The word of the Lord.
Thanks be to God.

PSALM

Psalm 115

Response:
The cup of salvation I will raise;
I will call on the Lord's name.
or
Alleluia!

1. How can I repay the Lord
for his goodness to me?
The cup of salvation I will raise;
I will call on the Lord's name. (R.)
2. O precious in the eyes of the Lord
is the death of his faithful.
Your servant, Lord, your servant am I;
you have loosened my bonds. (R.)
3. A thanksgiving sacrifice I make:
I will call on the Lord's name.
My vows to the Lord I will fulfil
before all his people. (R.)

SECOND READING Hebrews 9:11-15

A reading from the letter to the Hebrews.
Now Christ has come, as the high priest of
all the blessings which were to come. He
has passed through the greater, the more
perfect tent, which is better than one made by
men's hands because it is not of this created
order; and he has entered the sanctuary once
and for all, taking with him not the blood of
goats and bull calves, but his own blood,
having won an eternal redemption for us.
The blood of goats and bulls and the ashes
of a heifer are sprinkled on those who have
incurred defilement and they restore the
holiness of their outward lives; how much
more effectively the blood of Christ, who
offered himself as the perfect sacrifice to
God through the eternal Spirit, can purify our
inner self from dead actions so that we do our
service to the living God.

He brings a new covenant, as the mediator,
only so that the people who were called to an
eternal inheritance may actually receive what
was promised: his death took place to cancel
the sins that infringed the earlier covenant.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!
I am the living bread which has come down
from heaven,
says the Lord.
Anyone who eats this bread will live for ever.
Alleluia!

GOSPEL

Mark 14:12-16, 22-26

A reading from the holy Gospel according to
Mark.

On the first day of Unleavened Bread,
when the Passover lamb was sacrificed, his
disciples said to Jesus, "Where do you want
us to go and make the preparations for you
to eat the passover?" So he sent two of his
disciples, saying to them, "Go into the city
and you will meet a man carrying a pitcher
of water. Follow him, and say to the owner
of the house which he enters, 'The Master
says: Where is my dining room in which I can
eat the passover with my disciples?' He will
show you a large upper room furnished with
couches, all prepared. Make the preparations
for us there." The disciples set out and went
to the city and found everything as he had
told them, and prepared the passover.

And as they were eating he took some
bread, and when he had said the blessing
he broke it and gave it to them. "Take it," he
said "this is my body." Then he took a cup,
and when he had returned thanks he gave it
to them, and all drank from it, and he said
to them, "This is my blood, the blood of the

covenant, which is to be poured out for many.
I tell you solemnly, I shall not drink any more
wine until the day I drink the new wine in the
kingdom of God."

After psalms had been sung they left for the
Mount of Olives.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PROFESSION OF FAITH

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with
the Father;

through him all things were made.
For us men and for our salvation
he came down from heaven,

(all bow during the next three lines)

and by the Holy Spirit was incarnate of the
Virgin Mary,
and became man.

For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and
apostolic Church.

I confess one Baptism for the forgiveness
of sins
and I look forward to the resurrection of the
dead
and the life of the world to come. Amen.

PRAYER OVER THE OFFERINGS

Grant your Church, O Lord, we pray,
the gifts of unity and peace,
whose signs are to be seen in mystery
in the offerings we here present.
Through Christ our Lord.
Amen.

COMMUNION ANTIPHON

Whoever eats my flesh and drinks my blood
remains in me and I in him, says the Lord.

PRAYER AFTER COMMUNION

Grant, O Lord, we pray,
that we may delight for all eternity
in that share in your divine life,
which is foreshadowed in the present age
by our reception of your precious Body and
Blood.
Who live and reign for ever and ever.
Amen.



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